

## Association News

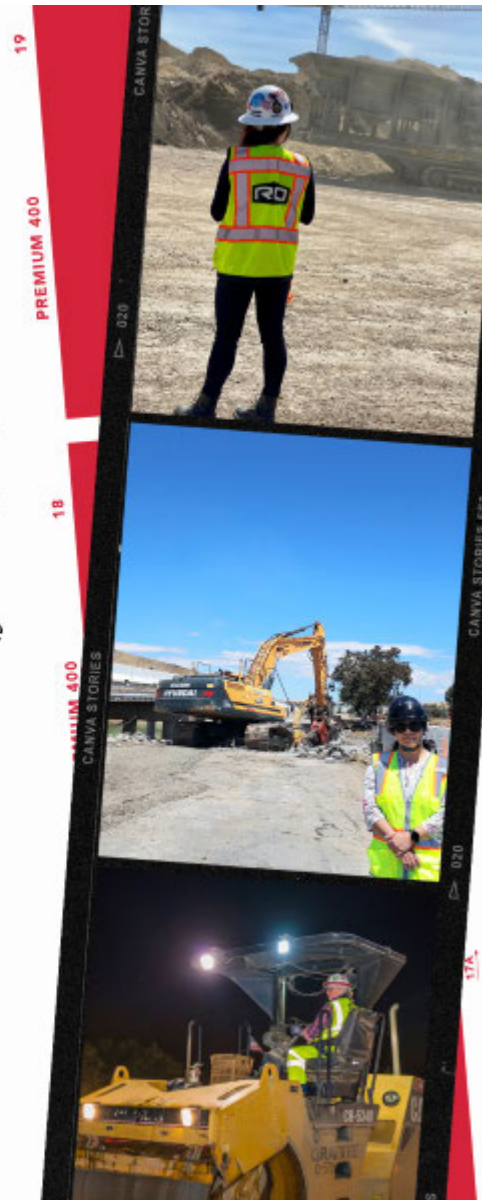
Kick off WIC Week with NAWIC!

NAWIC  
The National Association of  
Women in Construction

# Kick Off WIC Week

Get the week started with NAWIC!  
Hear from National President Lauline Mitchell and WIC Week Chair Virnetta Woodbury, get to know others celebrating the week, and more. Everyone is welcome to join!

**Sat., March 4**  
**5 p.m. CDT**  
**Register at [nawic.org](http://nawic.org)**



[Learn More...](#)

## Support Women in Construction!



If you want your shirt(s) in time for WIC Week, please place your order no later than Sunday, January 29th, 2023.

[Learn More...](#)

## Building Industry Partners for Apprenticeship Programs

# Building Industry Partners for Apprenticeship Programs

**Tradeswomen Industry Council Meeting**

February 2, 2023  
1pm CST



[Learn More...](#)

## Marketing Committee: NAWIC Events Webinar



### **MARKETING COMMITTEE WEBINAR**

February 7, 2023

Do you need tips and tricks on how to market your chapter and regional events? Register to learn more from the Marketing Committee!

[Learn More...](#)

## PD&E Committee: Build a Better Business Story



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## PD&E Committee

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### **Build A Better Business Story**

February 14, 2023

Learn how to attract and grow audience connection through story with Northwest Edutainer, Rebecca P. Murray!

[Learn More...](#)

### **Join us at CONEXPO-CON/AGG 2023!**



1,800 equipment manufacturers. Hundreds of educational sessions from leaders in the field. Thousands of your peers. It's a place to meet, to learn, to talk, to compare, and to see the technology and equipment that's going to transform your business. [North America's Largest Construction Trade Show | CONEXPO CON/AGG \(conexpoconagg.com\)](#)

### **National Officer & Director Applications Closing Soon**





# National Officer & Region Director Applications Now Open

Are you interested in running for a National Officer or Region Director position? The application closes soon!

All applications must be submitted to Executive Director Crissy Ingram at [crissy@nawic.org](mailto:crissy@nawic.org) by 11:59 p.m. CST on Feb. 1, 2023.

[Find out more.](#)

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## Education / Training

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### The Coaching Corner with Michael Riegel: Work Hard, Play Hard

**The Coaching Corner**  
with Micheal Riegel

**Work Hard,  
Play Hard**



We seem to have a mindset of going after things "hard" whether that relates to work or play. I'm not talking about the seeming backlash to this mindset with "quiet quitting" which is often misinterpreted. I am thinking of

the missing leg of the "work hard, play hard" stool - rest hard. We have unacknowledged rest problem that has significant ramifications to us personally, our team members, and our projects. Our sleep can run headlong into our goals of delivering projects on-time, on-budget, and safely. The statistics are daunting: [Read more...](#)

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## Industry Update

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### Why an overly detailed safety plan can be a liability

A massive rulebook that most workers won't read can leave a contractor vulnerable to fines and lawsuits, according to panelists at AGC's safety conference.

[Learn More...](#)

### What's keeping contractors up at night?

Supply chain chaos and an impending recession are among builders' top concerns in 2023, according to a new survey.

[Learn More...](#)

### Top cybersecurity trends of 2023

What businesses need to know about keeping their systems safe this year.

[Learn More...](#)

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## Calendar

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<b>2</b> Feb 2023	<b>Tradeswomen Industry Council Meeting: Leadership Mindset</b> <a href="#">Learn More...</a>
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<b>7</b> Feb 2023	<b>Marketing Committee: NAWIC Events Webinar</b> <a href="#">Learn More...</a>
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**7**

Feb 2023

**Coffee & Question with the NAWIC Staff**

[Learn More...](#)

**14**

Feb 2023

**PD&E Committee: Build a Better Business Story**

[Learn More...](#)

**14**

Feb 2023

**Chapter Form E 990 Due**

[Learn More...](#)

**2**

Mar 2023

**WIC Panel - Women in Leadership Roles - Tradeswomen Industry Council**

[Learn More...](#)

**4**

Mar 2023

**WIC Week Kick Off**

[Learn More...](#)

**5**

Mar 2023

**Women in Construction Week**

[Learn More...](#)

**6**

Mar 2023

**Diversity, Equity, and Inclusion Panel Discussion, hosted by the Puget Sound DE&I Committee**

[Learn More...](#)

**8**

Mar 2023

**New York Build 2023**

[Learn More...](#)

**9**

Mar 2023

**New York Build 2023**

[Learn More...](#)

9

Mar 2023

**Establish Balance & Avoid Burnout – Invest in YOU!**

[Learn More...](#)

11

Mar 2023

**WIC Week Toast & Recap**

[Learn More...](#)

14

Mar 2023

**CONEXPO CON/AGG**

[Learn More...](#)

**The National Association of Women in Construction**

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